

**The Ohio State University  
First-Year Seminar Program  
Course Proposal**

**Course Information**

1. Attach a syllabus that includes the following (sample syllabi can be found at <http://firstyearseminars.osu.edu>):

- the course goals
- a brief description of the content
- the distribution of meeting times
- a weekly topical outline
- a listing of assignments
- grade assessment information (A-E or S/U)
- required textbooks and/or reading list
- the academic misconduct statement, the disability services statement, and the religious accommodations statement (sample statements can be found at <http://asccas.osu.edu/curriculum/asc-syllabus-elements>)

**Instructor Information**

2. Attach a brief biographical paragraph that includes the current research interests, teaching awards and honors, and undergraduate courses taught by the participating instructor(s).

Kristin Paulus

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Proposer's Name and Primary Academic Unit (please print)

Sr Lecture

---

Proposer's Title

Paulus.100@osu.edu

---

Proposer's e-mail Address

3/3/25

---

Submission Date

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Approval of Department Chair of Academic Unit (please print)

**Please return this form and any attachments to Todd Bitters, [bitters.4@osu.edu](mailto:bitters.4@osu.edu), no later than MARCH 1.**

**Biography:**

Kristin Paulus is a dedicated Senior Lecturer in the Department of Human Sciences at The Ohio State University, where she brings over 25 years of industry experience in the apparel and retail sectors to her teaching. Her commitment to excellence is evident in her consistently improving Student Evaluation of Instruction (SEI) scores, with recent averages reaching 4.7/5.0, and notably higher scores for in-person instruction 4.85-4.9/5.0. Her teaching philosophy centers on creating engaging and industry-relevant curricula, focusing on experiential learning and fostering strong connections between academia and the professional world. Paulus has designed and instructed seven distinct courses, including Business of Fashion, Fashion Forecasting, Global Sourcing, Internship, International Retailing, Retail Merchandise I & II and has developed distance learning modes for key courses like CSFRST 2373 and CSFRST 3474. She actively incorporates student feedback through various evaluation methods to continually enhance her courses. As Director of the Fashion Retail Studies Industry Advisory Board, she has spearheaded strategic initiatives, secured significant funding—including \$30,000 for student experiences—and fostered industry partnerships, exemplified by successful events like the FRS Retail + Exchange and the FRS Career Fair. Paulus also serves as the Founding Faculty Advisor for the Fashion Retail Studies Student Ambassadors and Sustainable Fashion and as a STEP Mentor, demonstrating her unwavering commitment to student success. Her dedication to professional development is reflected in her participation in various training programs and summits, including UITL endorsements and instructional design consultations. She consistently fosters a student first philosophy in both her teaching and service roles at the university. She is consistently ranked within the top 3 of "Professors that have impacted their college experience" with graduating seniors. Kristin is a cancer survivor and has created in partnership with the Ohio State University Medical center a student internship at the Hope's Boutique. Her inspiration behind this program was to provide students with the opportunity to gain retail work experience while also providing students with the opportunity to engage with cancer patients enhancing their personal growth of compassion.

[Hope's Boutique Internship](#)

<https://www.nbc4i.com/video/hopes-boutique-internship-program/1018309>

**FW: First Year Seminar-Submission**

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**From** Bitters, Todd <bitters.4@osu.edu>  
**Date** Wed 3/5/2025 3:35 PM  
**To** Steele, Rachel <steele.682@osu.edu>

Thanks Rachel!

---

**From:** Paulus, Kristin <paulus.100@osu.edu>  
**Sent:** Wednesday, March 5, 2025 3:19 PM  
**To:** Loibl, Caezilia <loibl.3@osu.edu>  
**Cc:** Bitters, Todd <bitters.4@osu.edu>  
**Subject:** Re: First Year Seminar-Submission

Adding Todd for visibility, Chair Approval on my course proposal.

Thank you!

**Kristin Paulus**  
Sr Lecturer, **STEP** Mentor  
Student Organization Advisor  
Director FRS Industry Advisory Board  
**College of Education and Human Ecology**  
*Fashion & Retail Studies*  
1787 Neil Avenue, Columbus, OH 43210  
265E Campbell Hall  
[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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---

**From:** Loibl, Caezilia <loibl.3@osu.edu>  
**Sent:** Tuesday, March 4, 2025 6:24 PM  
**To:** Paulus, Kristin <paulus.100@osu.edu>  
**Subject:** Re: First Year Seminar-Submission

Hello Kristin,

How wonderful of you to develop such a relevant course for new students! I am happy to provide my support and approval. I assume that the university FYS will reimburse you for this lecture, correct?

Thank you for doing this. Thinking of you! Caezilia

---

**From:** Paulus, Kristin <paulus.100@osu.edu>  
**Date:** Tuesday, March 4, 2025 at 6:06 PM  
**To:** Loibl, Caezilia <loibl.3@osu.edu>  
**Subject:** Fw: First Year Seminar-Submission

Caezilia,

I am emailing you to request your approval on my submission of a course for the Freshman Year Seminar course, "Coping with Cancer".

**FYS: Coping with Cancer**

Unfortunately, I can anticipate that students will be coming to campus with either themselves, a family member or close friend being diagnosed with Cancer. I can imagine that the college transition while managing cancer would be extremely hard to navigate. My course idea would be to offer them resources and support resulting personal confidence as they cope with the emotional and practical aspects of cancer.

I'm sharing with you the submission request and syllabus draft for your review/approval.

Thank you for your support, I'm excited to be able to support others in their journey.

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor  
Student Organization Advisor  
Director FRS Industry Advisory Board  
**College of Education and Human Ecology**  
*Fashion & Retail Studies*  
1787 Neil Avenue, Columbus, OH 43210  
265E Campbell Hall  
[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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**From:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Sent:** Tuesday, March 4, 2025 6:03 PM  
**To:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>  
**Subject:** Re: First Year Seminar-Submission

Thanks Todd,  
Here's the completed form and syllabus, I will email into my department chair to gain approval.

**FYS: Coping with Cancer**

Unfortunately, I can anticipate that students will be coming to campus with either themselves, a family member or close friend being diagnosed with Cancer. I can imagine that the college transition while managing cancer would be extremely hard to navigate. My course idea would be to offer them resources and support resulting personal confidence as they cope with the emotional and practical aspects of cancer.

Thank you for consideration,

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor  
Student Organization Advisor  
Director FRS Industry Advisory Board  
**College of Education and Human Ecology**  
*Fashion & Retail Studies*  
1787 Neil Avenue, Columbus, OH 43210  
265E Campbell Hall  
[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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**From:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>  
**Sent:** Tuesday, March 4, 2025 3:22 PM  
**To:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Subject:** RE: First Year Seminar-Submission

Here's the word doc!

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**From:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Sent:** Tuesday, March 4, 2025 3:18 PM  
**To:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>  
**Subject:** Re: First Year Seminar-Submission

Todd,

Are you able to share with the proposal form?

I have everything else completed (sent to you on Monday).

Thank you!

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor

Student Organization Advisor

Director FRS Industry Advisory Board

**College of Education and Human Ecology**

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265E Campbell Hall

[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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**From:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>  
**Sent:** Tuesday, March 4, 2025 9:35 AM  
**To:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Subject:** RE: First Year Seminar-Submission

Hi Kristin,

My apologies, I was out yesterday. You don't need to submit anything online through the website, just send me the completed proposal form, your syllabus, and the bio—preferably as attachments for the subcommittee review.

Thanks, and please let me know of any questions.

Todd

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**From:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Sent:** Monday, March 3, 2025 10:52 AM  
**To:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>; Martin, Andrew <[martin.1026@osu.edu](mailto:martin.1026@osu.edu)>  
**Subject:** Re: First Year Seminar-Submission

Todd,

I thought I would at least send you the details of the idea I have for the First Year Seminar class, "Coping with Cancer". Unfortunately, I can anticipate that students will be coming to campus with either themselves, a family member or close friend being diagnosed with Cancer. I can imagine that the college transition while managing cancer would be extremely hard to navigate. My course idea would be to offer them resources and support resulting personal confidence as they cope with the emotional and practical aspects of cancer.

I'm including my biography and syllabus for consideration as I read both would be requirements for consideration.

**Biography:**

Kristin Paulus is a dedicated Senior Lecturer in the Department of Human Sciences at The Ohio State University, where she brings over 25 years of industry experience in the apparel and retail sectors to her teaching. Her commitment to excellence is evident in her consistently improving Student Evaluation of Instruction (SEI) scores, with recent averages reaching 4.7/5.0, and notably higher scores for in-person instruction 4.85-4.9/5.0. Her teaching philosophy centers on creating engaging and industry-relevant curricula, focusing on experiential learning and fostering strong connections between academia and the professional world. Paulus has designed and instructed seven distinct courses, including Business of Fashion, Fashion

Forecasting, Global Sourcing, Internship, International Retailing, Retail Merchandise I & II and has developed distance learning modes for key courses like CSFRST 2373 and CSFRST 3474. She actively incorporates student feedback through various evaluation methods to continually enhance her courses. As Director of the Fashion Retail Studies Industry Advisory Board, she has spearheaded strategic initiatives, secured significant funding—including \$30,000 for student experiences—and fostered industry partnerships, exemplified by successful events like the FRS Retail + Exchange and the FRS Career Fair. Paulus also serves as the Founding Faculty Advisor for the Fashion Retail Studies Student Ambassadors and Sustainable Fashion and as a STEP Mentor, demonstrating her unwavering commitment to student success. Her dedication to professional development is reflected in her participation in various training programs and summits, including UITL endorsements and instructional design consultations. She consistently fosters a student first philosophy in both her teaching and service roles at the university. She is consistently ranked within the top 3 of "Professors that have impacted their college experience" with graduating seniors. Kristin is a cancer survivor and has created in partnership with the Ohio State University Medical center a student internship at the Hope's Boutique. Her inspiration behind this program was to provide students with the opportunity to gain retail work experience while also providing students with the opportunity to engage with cancer patients enhancing their personal growth of compassion.

[Hope's Boutique Internship](#)

<https://www.nbc4i.com/video/hopes-boutique-internship-program/10183090>

I'm glad to complete the actual process if the link can be re-opened.

I appreciate any consideration of this course offering for next Fall. I would love to work on it over the Summer.

Thank you,

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor

Student Organization Advisor

Director FRS Industry Advisory Board

**College of Education and Human Ecology**

*Fashion & Retail Studies*

1787 Neil Avenue, Columbus, OH 43210

265E Campbell Hall

[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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**From:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Sent:** Sunday, March 2, 2025 12:58 PM  
**To:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>; Martin, Andrew <[martin.1026@osu.edu](mailto:martin.1026@osu.edu)>  
**Subject:** Re: First Year Seminar-Submission

Todd,

I'm back and trying to work on my submission....

I'm getting the following error message, perhaps it's now closed?



## Your connection isn't private

Attackers might be trying to steal your information from **freshmanseminars.osu.edu** (for example, passwords, messages, or credit cards). [Learn more about this warning](#)

NET::ERR\_CERT\_DATE\_INVALID

Hide advanced

Go back

This server could not prove that it is **freshmanseminars.osu.edu**; its security certificate expired 1,668 days ago. This may be caused by a misconfiguration or an attacker intercepting your connection. Your computer's clock is currently set to Sunday, March 2, 2025. Does that look right? If not, you should correct your system's clock and then refresh this page.

[Continue to freshmanseminars.osu.edu \(unsafe\)](#)



These are the details that were forwarded to me from my colleague:

Dear Faculty Member,

I write to ask if you are interested in teaching a First-Year Seminar for autumn 2025. In case you are unfamiliar with the First-Year Seminar program, I've attached a brief summary sheet on the nature and goals of the program, for your reference. We are looking for faculty either to repeat a seminar they have taught in the past or to create and teach a new seminar.

The process for proposing a **new seminar** is as follows:

Fill out and return the attached FYS Proposal Form. Our final deadline is **March 1**, but we strongly encourage faculty to submit proposals on a rolling basis up to the deadline. The form is also available at <https://firstyearseminars.osu.edu>.

Submit a syllabus and a brief biographical paragraph to Todd Bitters, [bitters.4@osu.edu](mailto:bitters.4@osu.edu), that includes, for each participating instructor, current research interests, teaching awards and honors, and undergraduate courses taught.

The new proposal will be reviewed by faculty members on the Arts and Sciences Curriculum Committee, and the curriculum office will contact you once it has been fully approved.

If you are interested in **repeating a seminar**, please fill out and return the attached FYS Repeat Course Form to Todd Bitters, [bitters.4@osu.edu](mailto:bitters.4@osu.edu) by **May 1**. The form is also available at <https://firstyearseminars.osu.edu>.

The maximum enrollment is 18 students for a seminar

The minimum enrollment required to avoid cancellation is 12 students for a seminar.

Please note: the stipend for teaching a First-Year Seminar, whether a first-time offering or a repeat offering, will be \$3,000. A note to instructors with staff positions: in accordance with recent changes made in order to become compliant with retirement contributions, all staff who have an appointment to teach pay into STRS for the duration of the teaching assignment.

*Note: seminars must be scheduled to meet on the Columbus campus. We are assuming classes will be in-person, but if we are in a state of emergency we will consider options for delivery at that time.*

Thank you for your time.

Best

Andrew Martin



**Andrew W. Martin**

Associate Dean for Undergraduate Education

Professor of Sociology

114 University Hall, 230 North Oval Mall

Columbus, OH 43210

614-247-6641 Office

[martin.1026@osu.edu](mailto:martin.1026@osu.edu)

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor

Student Organization Advisor

Director FRS Industry Advisory Board

**College of Education and Human Ecology**

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265E Campbell Hall

[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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**From:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Sent:** Thursday, February 27, 2025 9:33 AM  
**To:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>; Martin, Andrew <[martin.1026@osu.edu](mailto:martin.1026@osu.edu)>  
**Subject:** Re: First Year Seminar-Submission

Todd,

Thank you so much, I really appreciate the extension. I'll be sure to submit it by Monday.

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor

Student Organization Advisor

Director FRS Industry Advisory Board

**College of Education and Human Ecology**

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265E Campbell Hall

[Paulus.100@osu.edu](mailto:Paulus.100@osu.edu)

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**From:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>  
**Sent:** Thursday, February 27, 2025 9:21 AM  
**To:** Martin, Andrew <[martin.1026@osu.edu](mailto:martin.1026@osu.edu)>; Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Subject:** RE: First Year Seminar-Submission

Hi Kristin,

Thanks for reaching out. I'm happy to take the proposal Monday.

Best,

Todd

---

**From:** Martin, Andrew <[martin.1026@osu.edu](mailto:martin.1026@osu.edu)>  
**Sent:** Thursday, February 27, 2025 9:20 AM  
**To:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Cc:** Bitters, Todd <[bitters.4@osu.edu](mailto:bitters.4@osu.edu)>  
**Subject:** RE: First Year Seminar-Submission

Hi Kristin

Sorry to hear the sad news. I'm looping in Todd Bitters, who manages this for the college.

Best

Andrew



**Andrew W. Martin**

Associate Dean for Undergraduate Education

Professor of Sociology

114 University Hall, 230 North Oval Mall

Columbus, OH 43210

614-247-6641 Office

[martin.1026@osu.edu](mailto:martin.1026@osu.edu)

---

**From:** Paulus, Kristin <[paulus.100@osu.edu](mailto:paulus.100@osu.edu)>  
**Sent:** Thursday, February 27, 2025 9:09 AM  
**To:** Martin, Andrew <[martin.1026@osu.edu](mailto:martin.1026@osu.edu)>  
**Subject:** First Year Seminar-Submission

Andrew,

One of my colleagues had shared the information with me regarding your First Year Seminar program. I would very much like to submit a proposal for a course this Fall. Unfortunately, I've had a family emergency this past week which has resulted in a death. I wanted to see if you would consider extending the deadline until Monday, March 3<sup>rd</sup> vs Saturday.

I will be returning on Sunday and can work to dedicate time to my submission for consideration.

Thank you,

**Kristin Paulus**

Sr Lecturer, **STEP** Mentor

Student Organization Advisor

Director FRS Industry Advisory Board

**College of Education and Human Ecology**

*Fashion & Retail Studies*

1787 Neil Avenue, Columbus, OH 43210

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# COPING WITH CANCER

Fall 2025 – 1 Credit Hours

**Class Meets in Person on**

## Course overview

### Instructor

Instructor: Kristin Paulus

Email address: Paulus.100@osu.edu

Office hours: Scheduled appointment in person or via Zoom (send email to request)

### Course description

#### Description/Rationale

Navigating the challenges of cancer can be overwhelming. This one-credit exploration course offers a safe and supportive space for freshmen who are personally affected by cancer or have a loved one facing the disease. Weekly one-hour sessions will introduce students to valuable resources and support systems, including expert speakers, peer support groups, and practical tools for coping. Topics covered will include emotional well-being, nutritional guidance, physical activity, and creative outlets. This course aims to empower students to build resilience and find community during a difficult time.

#### Relation to Other Courses

**Prerequisites: N/A**

## Learning Objectives

1. Identify and describe the diverse impacts of cancer on individuals and their loved ones.



2. Establish meaningful connections with peers who share similar experiences and challenges.
3. Identify and differentiate between various cancer support resources available within the college and broader community.
4. Apply basic nutritional guidelines for supporting overall health and well-being during and after cancer treatment.
5. Explore and engage in physical activities suitable for maintaining or improving physical health and well-being.
6. Utilize creative outlets as a means of emotional expression and stress reduction.
7. Gain confidence in their ability to cope with the emotional and practical aspects of cancer.

## Course Materials

### Required

Finding the “Can in Cancer”, by Nancy Emerson, Pam Leight, Susan Moonan and Terri Schinazi

### Supplemental/Optional

## Course Requirements/Evaluation

### Grades

ASSIGNMENT/CATEGORY	POINTS/ %
Weekly Reflection Journals	100
Resource Exploration & Presentation	75
Participation & Engagement	100



Personal Coping Plan	25
<b>Total</b>	<b>300</b>
<b>BONUS</b>	<b>10 pts. each</b>
<b>TOTAL</b>	<b>Points/100%</b>

See below for assignment descriptions and due dates.

*\*Check In/Class Participation might have some adjustments within these categories to compose 50 points (Combined).*

## Late Assignments

### **NO LATE ASSIGNMENTS**

## Policies for Missed Class

**Make-ups assignments will be given only when all 3 of these conditions are met:**

- 1) the student notifies the instructor **within 24 hours of the scheduled class**
- 2) the circumstances are **extenuating**, and
- 3) the student presents **proof of the circumstances** (original documents, no copies).

If/when the instructor deems that it is not practical to offer a make-up assignment in the case of a documented excused situation, the student's missed assignment will be exempted from the final course grade and adjusted accordingly.

## Grading Scale

- 93–100: A
- 90–92.9: A-
- 87–89.9: B+





83–86.9: B  
80–82.9: B-  
77–79.9: C+  
73–76.9: C  
70 –72.9: C-  
67 –69.9: D+  
60 –66.9: D  
Below 60: E

## ASSIGNMENT DESCRIPTIONS

### **Weekly Reflection Journals (10 points per journal, 100 points total):**

- Students will maintain a weekly reflection journal, documenting their thoughts, feelings, and insights gained from each session.
- Journals should include reflections on guest speakers, support group discussions, coping strategies, and personal experiences.
- Emphasis will be placed on thoughtful engagement with the material, rather than length.
- This assignment encourages self-reflection and processing of emotions.

### **Participation and Engagement (100 points):**

- Active participation in weekly discussions, support group activities, and guest speaker sessions is essential.
- Points will be awarded for thoughtful contributions, respectful engagement with peers, and a willingness to share personal experiences (when comfortable).
- This component emphasizes the importance of community and peer support.

### **Resource Exploration and Presentation (75 points):**



- Students will be paired together and choose a specific resource related to coping with cancer (e.g., a support organization, a website, a book, a creative arts therapy).
- They will research the resource and prepare a brief (10-15 minute) presentation to share with the class.
- Presentations should include a summary of the resource, its benefits, and personal viewpoint.

### Personal Coping Plan (25 points):

- Students will create a personal coping plan that incorporates strategies and resources learned throughout the course.
- The plan should address emotional, physical, and social well-being.
- It should include specific actions, resources, and support systems that the student plans to utilize.
- This is a tool for the student to use in the future.

## Course Policies

### Instructor feedback and response time

I am providing the following list to give you an idea of my intended availability throughout the course. (Remember that you can call **614-688-HELP** at any time if you have a technical problem.)

- **Grading and feedback:** For large weekly assignments, you can generally expect feedback within **7 days**.
- **Email:** I will reply to emails within **48 hours on school days**. **If I don't respond, please do resend so it gets to the top of my email.**



1. **Sending e-mail:** when sending e-mail, be sure to put \_\_\_\_\_ in the **Subject line**, and send to paulus.100@osu.edu
2. **Assigned Course Material:** Students are responsible for all **material assigned** in the text, even if it is not covered during class.
3. **Assignments:** **NO Late assignments.**

## Other course policies

### Discussion and communication guidelines

The following are my expectations for how we should communicate as a class. Above all, please remember to be respectful and thoughtful.

- **Writing style:** While there is no need to participate in class discussions as if you were writing a research paper, you should remember to write using good grammar, spelling, and punctuation. A more conversational tone is fine for non-academic topics.
- **Tone and civility:** Let's maintain a supportive learning community where everyone feels safe and where people can disagree amicably. Remember that sarcasm doesn't always come across online.
- **Citing your sources:** When we have academic discussions, please cite your sources to back up what you say. For the textbook or other course materials, list at least the title and page numbers. For online sources, include a link.
- **Backing up your work:** Consider composing your academic posts in a word processor, where you can save your work, and then copying into the Carmen discussion.

### Netiquette

As a member of a community of learners, it is your responsibility to exhibit professional behavior and decorum in all modes of communication. Following the rules of etiquette on the Internet (netiquette) helps improve the readability of your messages, keeps conversations focused, increases trust, and creates a more positive experience for all participants. Netiquette includes, but is not limited to, the following guidelines: Honor people's rights to their opinions; respect the right for people to disagree.

- Be professional; use language that is not considered foul or abusive.
- Respond to peers honestly but thoughtfully, respectfully, and constructively.
- Avoid writing in all caps – it conveys shouting and anger.



- Avoid colors like red and green for accessibility reasons; avoid font styles, colors, and sizes that are difficult to read.
- Address the ideas, not the person, when responding to messages or discussions.
- Be careful when using sarcasm or humor – without social cues like facial expressions or body language, a remark meant to be humorous could come across as offensive or hurtful.
- Don't distribute copyrighted materials, such as articles and images (most things online are not licensed as "fair use"). Share links to those materials instead and be sure to properly cite all sources to avoid unintentional plagiarism.

## Academic integrity policy

### Policies for this online course

- **Written assignments:** Your written assignments, including discussion posts, should be your own original work. In formal assignments, you should follow **[MLA]** style to cite the ideas and words of your research sources. You are encouraged to ask a trusted person to proofread your assignments before you turn them in—but no one else should revise or rewrite your work.
- **Discussion forums:** Are to be professional in written expression and tone; this is a great way for us to connect as a community and grow from various perspectives. Find a way to appreciate each other's viewpoints.
- **Reusing past work:** In general, you are prohibited in university courses from turning in work from a past class to your current class, even if you modify it. If you want to build on past research or revisit a topic you've explored in previous courses, please discuss the situation with me.
- **Falsifying research or results:** All research you will conduct in this course is intended to be a learning experience; you should never feel tempted to make your results or your library research look more successful than it was.
- **Collaboration and informal peer-review:** The course includes many opportunities for formal collaboration with your classmates. While study groups and peer-review of major written projects is encouraged, remember that comparing answers on a quiz or assignment is not permitted. If you're unsure about a particular situation, please feel free just to ask ahead of time.
- **Group projects N/A Online Instruction:** This course includes group projects, which can be stressful for students when it comes to dividing work, taking credit, and receiving grades and feedback. I have attempted to make the guidelines for group work as clear as possible for each activity and assignment, but please let me know if you have any questions.



## Ohio State's academic integrity policy

Academic integrity is essential to maintaining an environment that fosters excellence in teaching, research, and other educational and scholarly activities. Thus, The Ohio State University and the Committee on Academic Misconduct (COAM) expect that all students have read and understand the university's [\*Code of Student Conduct\*](#), and that all students will complete all academic and scholarly assignments with fairness and honesty. Students must recognize that failure to follow the rules and guidelines established in the university's *Code of Student Conduct* and this syllabus may constitute "Academic Misconduct."

The Ohio State University's *Code of Student Conduct* (Section 3335-23-04) defines academic misconduct as: "Any activity that tends to compromise the academic integrity of the university or subvert the educational process." Examples of academic misconduct include (but are not limited to) plagiarism, collusion (unauthorized collaboration), copying the work of another student, and possession of unauthorized materials during an examination. Ignorance of the university's *Code of Student Conduct* is never considered an excuse for academic misconduct, so I recommend that you review the *Code of Student Conduct* and, specifically, the sections dealing with academic misconduct.

**If I suspect that a student has committed academic misconduct in this course, I am obligated by university rules to report my suspicions to the Committee on Academic Misconduct.**

If COAM determines that you have violated the university's *Code of Student Conduct* (i.e., committed academic misconduct), the sanctions for the misconduct could include a failing grade in this course and suspension or dismissal from the university.

If you have any questions about the above policy or what constitutes academic misconduct in this course, please contact me.

Other sources of information on academic misconduct (integrity) to which you can refer include:

- The Committee on Academic Misconduct web pages ([COAM Home](#))
- *Ten Suggestions for Preserving Academic Integrity* ([Ten Suggestions](#))
- *Eight Cardinal Rules of Academic Integrity* ([www.northwestern.edu/uacc/8cards.htm](http://www.northwestern.edu/uacc/8cards.htm))



## Copyright disclaimer

The materials used in connection with this course may be subject to copyright protection and are only for the use of students officially enrolled in the course for the educational purposes associated with the course. Copyright law must be considered before copying, retaining, or disseminating materials outside of the course.

## Statement on Title IX

All students and employees at Ohio State have the right to work and learn in an environment free from harassment and discrimination based on sex or gender, and the university can arrange interim measures, provide support resources, and explain investigation options, including referral to confidential resources.

If you or someone you know has been harassed or discriminated against based on your sex or gender, including sexual harassment, sexual assault, relationship violence, stalking, or sexual exploitation, you may find information about your rights and options at [titleix.osu.edu](http://titleix.osu.edu) or by contacting the Ohio State Title IX Coordinator at [titleix@osu.edu](mailto:titleix@osu.edu). Title IX is part of the Office of Institutional Equity (OIE) at Ohio State, which responds to all bias-motivated incidents of harassment and discrimination, such as race, religion, national origin and disability. For more information on OIE, visit [equity.osu.edu](http://equity.osu.edu) or email [equity@osu.edu](mailto:equity@osu.edu).

### Syllabus Statement via Safe and Healthy Buckeyes:

*“Health and safety requirements: All students, faculty and staff are required to comply with and stay up to date on all university safety and health guidance (<https://safeandhealthy.osu.edu>), which includes wearing a face mask in any indoor space and maintaining a safe physical distance at all times. Non-compliance will be warned first and disciplinary actions will be taken for repeated offenses.”*

## Your mental health

As a student you may experience a range of issues that can cause barriers to learning, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance or reduce a student's ability to participate in daily activities. The Ohio State University offers services to assist you with addressing these and other concerns you may be experiencing. If you find



yourself feeling isolated, anxious or overwhelmed, please know that there are resources to help: [ccs.osu.edu](https://ccs.osu.edu). You can reach an on-call counselor when CCS is closed at (614) 292-5766 and 24 hour emergency help is also available through the 24/7 National Prevention Hotline at 1-(800)-273-TALK or at [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org). The Ohio State Wellness app is also a great resource available at [go.osu.edu/wellnessapp](https://go.osu.edu/wellnessapp).

## ACCESSIBILITY ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

### Requesting accommodations

#### SLDS COVID Process and Accommodations

The university strives to make all learning experiences as accessible as possible. In light of the current pandemic, students seeking to request COVID-related accommodations may do so through the university's [request process](#), managed by Student Life Disability Services. If students anticipate or experience academic barriers based on their disability (including mental health, chronic, or temporary medical conditions), please have them let the instructor know immediately so that they can privately discuss options. If an accommodation is required, the ADA coordinator's office will facilitate an interactive process that includes Student Life Disability Services, the instructor, and the department/college. To establish reasonable accommodations, the instructor may request that students register with Student Life Disability Services. After registration, make arrangements with the instructor as soon as possible to discuss student accommodations so that they may be implemented in a timely fashion.

**SLDS contact information:** [slds@osu.edu](mailto:slds@osu.edu); 614-292-3307; [slds.osu.edu](https://slds.osu.edu); 098 Baker Hall, 113 W. 12<sup>th</sup> Avenue.

The university strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability including mental health, chronic or temporary medical conditions, please let me know immediately so that we can privately discuss options. To establish reasonable accommodations, I may request that you register with Student Life Disability Services. After registration, make arrangements with me as soon as possible to discuss your accommodations so that they may be implemented in a timely fashion. **SLDS contact information:** [slds@osu.edu](mailto:slds@osu.edu); 614-292-3307; 098 Baker Hall, 113 W. 12<sup>th</sup> Avenue.



## Accessibility of course technology

This online course requires use of Carmen (Ohio State's learning management system) and other online communication and multimedia tools. If you need additional services to use these technologies, please request accommodations with your instructor.

- [CarmenCanvas accessibility](#)
- Streaming audio and video
- [CarmenZoom accessibility](#)
- Collaborative course tools

## Grievances

According to University Policies, available from the Division of Student Affairs, if you have a problem with this class, “You should seek to resolve a grievance concerning a grade or academic practice by **speaking first with the instructor or professor**. Then, if necessary, with the department chairperson, college dean, and provost, in that order. Specific procedures are outlines in Faculty Rule 3335-7-23, which is available from the Office of Student Life, 208 Ohio Union.”

## Course Schedule-Refer TO CARMEN

Course Schedule is Defined in Carmen (Modules & Syllabus Sections)

WEEK/UNIT	TOPICS	LEARNING OBJECTIVES	READING & ACTIVITIES	ASSIGNMENTS & ASSESSMENTS
1	CLASS INTRODUCTION	LO1	SYLLABUS REVIEW	Journal Entry-Why?
2	The “CAN” in Cancer	LO1, LO2	Team Building	





3	The "CAN" in cancer	LO1, LO2	Team Building	
4	Educational Programs- Exploration	LO3		Guest Speaker Journal Reflection
5	Educational Programs- Exploration	LO3		Guest Speaker Journal Reflection
6	Expressive Arts-Exploration	LO6		Guest Speaker Journal Reflection
7	Mind, Body, Spirit Programs	LO6		Guest Speaker Journal Reflection
8	Mind, Body, Spirit Programs	LO6		Guest Speaker Journal Reflection
9	Nutrition Programs	LO4		Guest Speaker Journal Reflection
10	Nutrition Programs	LO4		



11	Exercise Programs	LO5		Journal Reflection
12	Exercise Programs	LO5		Journal Reflection
13	Grief Management	LO7		Journal Reflection
14	Team Presentations	LO2,3		Presentation
15	Team Presentations	LO2, 3		Presentation
16	Personal Coping Plan	LO7		